**Rachel Health**

123 Park St, Chicago, IL | 555-555-5555 | rachelhealth@gmail.com | linkedin.com/rachelhealth

**PROFILE**

* Compassionate and detail-oriented Health Sciences major interested in occupational therapy
* Completed 100+ hours of shadowing in Physical and Occupational Therapy settings
* Developed communication skills at a liberal arts university and through an internship
* Cultivated conflict management, teamwork, and customer service skills while leading a custodial crew of 10 students

**EDUCATION:**

Bob Jones University, Greenville, SC

**B.S. Health Sciences May 2021**

Major GPA: 3.6: Cumulative GPA: 4.0

**HEALTHCARE-RELATED EXPERIENCE:**

Athletico | Chicago, IL

**Intern** Summer 2019

* Administered physical therapy treatment for student athletes under the direction of a Certified Athletic Trainer
* Reported athlete progress to supervisor on a weekly basis
* Collaborated with professionals to determine treatment plans and perform fitness evaluations
* Designed core strength, rehabilitation, and conditioning programs
* Developed and presented modules for center’s athletic injury prevention and treatment outreach program
* Contributed to a compassionate and helpful atmosphere for all patients and family members

Resurrection Medical Center | Chicago, IL

**Volunteer** Jan. 2016-Jan. 2018

* Observed a variety of health professionals during their everyday routines
* Assisted in sterilizing and resetting exam rooms
* Documented patient information using electronic medical records software to assist with accurate billing and patient tracking
* Served as a friendly escort for patients and visitors/guests throughout the hospital

**ADDITIONAL EXPERIENCE:**

Davis Fieldhouse | Bob Jones University, Greenville, SC

**Custodial Crew Chief** Aug. 2016-present

* Led and trained a crew of 10 students responsible for cleaning the DFH daily
* Ensured accurate inventory and timely restocking of custodial supplies
* Coordinated the cleaning schedule to maximize efficiency and quality of work
* Evaluated and addressed the need for improvements when necessary
* Encouraged and maintained a positive attitude towards serving others

**COMMUNITY INVOLVEMENT:**

* Member of University Health Sciences Association
* Volunteer – Magnolia Manor Assisted Living, Greenville, SC